

Loreto Drawn Together



We provide a specialist service offering emotional support for parents and their babies

Parent-infant psychotherapy

You can reach out to us for support with a range of concerns, including:

- Experiencing pre or postnatal depression, either yourself or with your partner, and its impact on you or your baby
- Navigating challenging emotions related to a difficult birth experience
- Struggling to bond with your baby in ways you didn't anticipate
- Worries about your baby's development
- Difficulties with feeding or sleep
- Anxiety over unexpected emotions triggered by parenthood

Addressing these challenges early can help pave the way for a smoother, more positive journey together.

Details of how to contact us or make a referral are on our website: www.loretodrawntogether.org



Working with Batford Nursery School and Day Care. Currently funded by Loreto Sisters (The Institute of the Blessed Virgin Mary), Friends of Loreto and Batford Nursery.

Loreto Registered Charity No. 1202949

